



# UNITED IN KINDNESS

## 5-1-8 DAY TOILETRY DRIVE

The purpose of a United In Kindness Toiletry Kit Drive for seniors is to provide senior citizens with essential personal care items that can help maintain their hygiene, comfort, and overall well-being. A toiletry kit could include items related to toiletries and self-care:

- **Toothbrush and toothpaste:** For dental hygiene.
- **Shampoo and conditioner:** For hair care.
- **Body wash or soap:** For bathing.
- **Moisturizer:** For skin care.
- **Deodorant:** For personal hygiene.
- **Comb or hairbrush:** For grooming hair.
- **Hand sanitizer:** For hand hygiene.
- **Tissues:** For various personal uses.
- **Lip balm:** For lip care.
- **Crossword puzzle activity booklet:** For entertainment.
- **A small note or card** with words of encouragement to take care of oneself.

Your donated items will go on to support the residents of **Fort Hudson Nursing Care Health System** and **The Landing at Queensbury**.

For more information about how to get involved with Tri-County United Way, please contact Laura Jensen, Community Engagement, at (518) 793-3136 or [Ljensen@tricountyunitedway.org](mailto:Ljensen@tricountyunitedway.org).

